Harvard Extension School
HARVARD DIVISION OF CONTINUING EDUCATION

ALM in
International Relations
☑ Capstone track
☑ Thesis track

35
AVERAGE AGE

253 DEGREE CANDIDATES

Age Breakdown
<30 28%
31-40 47%
41+ 25%

REASONS FOR PURSUING THE DEGREE

<table>
<thead>
<tr>
<th>Reason</th>
<th>%</th>
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<tbody>
<tr>
<td>Career Advancement</td>
<td>42%</td>
</tr>
<tr>
<td>Career Change</td>
<td>30%</td>
</tr>
<tr>
<td>Personal Enrichment</td>
<td>21%</td>
</tr>
<tr>
<td>Prep for Grad School</td>
<td>7%</td>
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WHILE EARNING THE DEGREE

18% Live in MA
70% Live Outside MA
12% Live Outside the U.S.

GRADUATE CERTIFICATES

- International Security
- Nuclear Deterrence
- Social Justice

AVG # OF COURSES TAKEN PER SEMESTER

Data pertains to academic year 2020-21
74% of students are employed full time while earning this degree.

AVERAGE YEARS OF PAID PROFESSIONAL EXPERIENCE IN THE FIELD: 13 years

AVERAGE TIME TO GRADUATION: 4.5 years

GRADUATION RATE: 87%

97% of recent graduates would recommend the program.

SELECT JOB TITLES HELD BY OUR GRADUATES:
- U.S. Army Officer
- Foreign Affairs Officer
- Executive Director
- Command Center Operator
- Research Manager
- Foreign Policy Analyst

WHERE GRADUATES HAVE GONE ON TO CONTINUE THEIR STUDIES:
- Boston College
- Georgetown University
- Northeastern University
- Harvard Graduate School of Education
- Pace University

Data pertains to academic year 2020-21.
MEET ALM IN INTERNATIONAL RELATIONS GRADUATE, JEFFERSON BOWERS

Job title prior to HES: U.S. Army Green Beret

Current job title: Chief Operating Officer Security Advisory Service, Roman Sanford, LLC

How has earning a degree from HES helped you professionally?

HES, and the rest of the Harvard Community provided me with tremendous opportunities to broaden and refine my professional skillset at the highest levels. The depth of knowledge I garnered during my candidacy allowed me to significantly bolster the level of service I provide to our clients. What’s more, my experience at HES further developed me as a leader by expanding my core competencies. Overall, the knowledge and experience I gained while pursuing my degree has proved invaluable to my professional life.

Did you earn a graduate certificate?

Yes, I earned a graduate certificate in International Security.

Most helpful resource at HES:

The surplus of human capital. Almost immediately upon my arrival to Cambridge, I recognized that I was surrounded by some of the most talented, capable, and experienced individuals in the world. My instructors, advisors and peers all challenged me to push myself to the edge of my potential on a daily basis, and I credit almost all of my success to them.

Advice for prospective or current degree candidates:

Work hard. Manage your mind and stay the course. As a graduate degree candidate, you will be expected to meet the same rigorous academic standards as any other Harvard graduate student. Therefore, disciplined study habits are a must. Furthermore, taking courses online and on-campus will more than likely add an additional layer of stress to your overall experience. Maintaining a positive attitude while remaining flexible will carry you through to the finish line. Lastly, don’t quit. I can assure you that there will come a time when you feel completely overwhelmed and frustrated. When that day comes, remember to keep your world small and take it one day at a time.

Learn more at extension.harvard.edu