A Ripple Effect of Loss: U.S. Covid Deaths Approach 500,000



By Julie Bosman

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CHICAGO — A nation numbed by misery and loss is confronting a number that still has the power to shock: 500,000.

Roughly one year since the first known death by the coronavirus in the United States, an unfathomable toll is nearing — the loss of half a million people.

No other country has counted so many deaths in the pandemic. More Americans have perished from Covid-19 than on the battlefields of World War I, World War II and the Vietnam War combined.

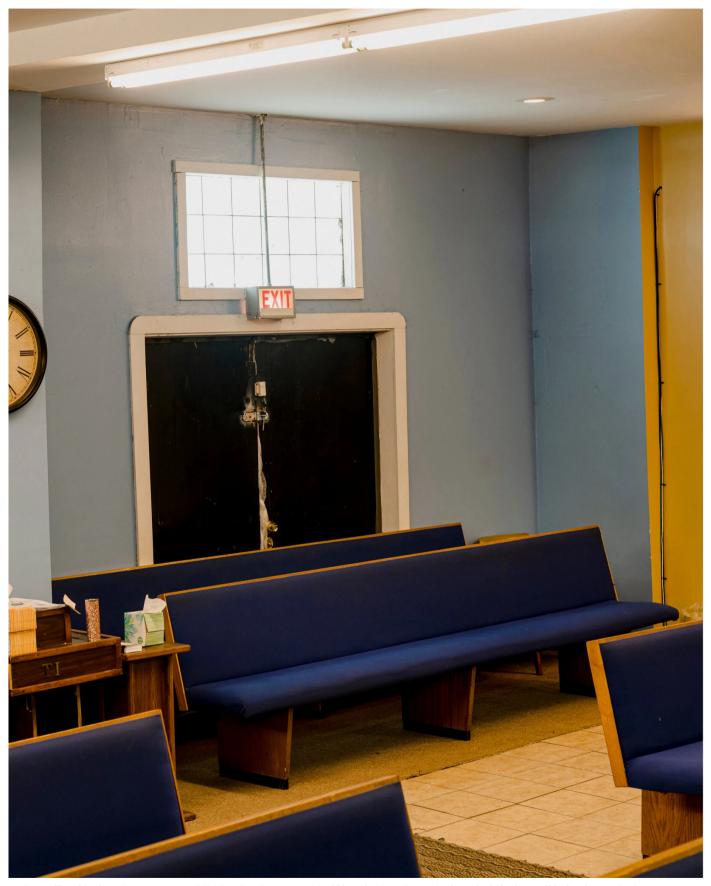
The milestone comes at a hopeful moment: New virus cases are down sharply, deaths are slowing and vaccines are steadily being administered.

But there is concern about emerging variants of the virus, and it may be months before the pandemic is contained.

Each death has left untold numbers of mourners, a ripple effect of loss that has swept over towns and cities. Each death has left an empty space in communities across America: a bar stool where a regular used to sit, one side of a bed unslept in, a home kitchen without its cook.

The living find themselves amid vacant places once occupied by their spouses, parents, neighbors and friends — the nearly 500,000 coronavirus dead.





"I can still see him there. It never goes away." The Rev. Ezra Jones remembered his uncle, Moses Jones, 83, who sat in the back row of his church every Sunday. Lyndon French for The New York Times

In Chicago, the Rev. Ezra Jones stands at his pulpit on Sundays, letting his eyes wander to the back row. That spot belonged to Moses Jones, his uncle, who liked to drive to church in his green Chevy Malibu, arrive early and chat everybody up before settling in to his seat by the door. He died of the coronavirus in April.

"I can still see him there," said Mr. Jones, the pastor. "It never goes away."

There is a street corner in Plano, Texas, that was occupied by Bob Manus, a veteran crossing guard who shepherded children to school for 16 years, until he fell ill in December.

In the Twin Cities of Minnesota, LiHong Burdick, 72, another victim of the coronavirus, is missing from the groups she cherished: one for playing bridge, another for mahjong and another for polishing her English.

At her empty townhouse, the holiday decorations are still up. There are cards lined on the mantel.

"You walk in and it smells like her," said her son, Keith Bartram. "Seeing the chair she would sit in, the random things around the house, it's definitely very surreal. I went over there yesterday and had a little bit of a breakdown. It's hard to be in there, when it looks like she should be there, but she's not."

The spaces left empty

The virus has reached every corner of America, devastating dense cities and rural counties alike. By now, about one in 670 Americans has died of it.

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In New York City, more than 28,000 people have died of the virus — or one in 295 people. In Los Angeles County, which has lost nearly 20,000 people to Covid-19, about one in 500 people has died of the virus. In Lamb County, Texas, where 13,000 people live scattered on a sprawling expanse of 1,000 square miles, one in 163 people has died of the virus.

Across America, the holes in communities, punctured by sudden death, have remained.

In Anaheim, Calif., Monica Alvarez looks at the kitchen in the house she shared with her parents and thinks of her father, Jose Roberto Alvarez.

Mr. Alvarez, 67, a maintenance supervisor, worked the overnight shift until he died from the virus in July. Before he got sick, he would come home from his usual workday and prepare an early-morning meal. Ms. Alvarez, beginning her workday as an accountant from her computer in the nearby dining room, would chat with him while he scrambled a plate of eggs.



"I don't work in the dining room anymore." Monica Alvarez spent time with her father, Jose Roberto Alvarez, in the kitchen of their shared home in Anaheim, Calif. Rozette Rago for The New York Times

"With his passing, we've rearranged some rooms in the house," she said. "I don't work in the dining room anymore. I'm glad for that. I'm sad, but I'm glad. It's a reminder, being there."

The physical emptiness is next to Andrea Mulcahy on the couch in her house in Florida, where her husband, Tim, who worked at a cellular telephone company, loved to sit.

"We would hold hands, or sometimes I would put my hand on his leg," Ms. Mulcahy said. Her husband, who believed that he contracted the virus from a co-worker, died in July at the age of 52.

They used to go on adventures, road trips and cruises in the Caribbean, but Ms. Mulcahy is not sure she wants to travel without him. They had dreams of someday moving to a quaint town in Kentucky, on the Cumberland River, and retiring there.

She said it was difficult even to stop at the grocery store without her husband, who liked to goof around and entertain her while they shopped. Now she sees a display of Oreos, his favorite cookies, and breaks down in tears.

A staggering toll

One year ago, as the coronavirus took hold in the United States, few public-health experts predicted its death toll would climb to such a terrible height.

At a White House briefing on March 31, Dr. Anthony S. Fauci, the top infectious-disease expert in the country, and Dr. Deborah L. Birx, who was coordinating the coronavirus response at the time, announced a stunning projection: Even with strict stay-at-home orders, the virus might kill as many as 240,000 Americans.

"As sobering a number as that is, we should be prepared for it," Dr. Fauci said at the time.

Less than a year later, the virus has killed more than twice that number.

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The virus has disproportionately caused the deaths of Americans in nursing homes and other long-term care facilities, where infections spread easily among vulnerable residents: They account for more than 163,000 deaths, about one-third of the country's total. In New Hampshire, 73 percent of Covid-19 deaths were linked to nursing homes through last week. In Minnesota, it was 62 percent.

The coronavirus has been especially lethal to Americans 65 and older, who account for about 81 percent of the country's Covid-19 deaths.

One of them was a man nearly everyone called Mr. Bob.

Bob Manus, 79, was an unmistakable presence on the corner of Clark and Yeary in Plano, Texas. There was his black whistle, hanging around his neck on a lanyard — sharp, shrill and authoritative. A neon vest that he wore as part of his safety uniform. And his careful way with the children he guided across the street each morning and afternoon.



"My kids were devastated," Sarah Kissel, the P.T.A. president, said about Bob Manus. "They went from seeing him every day to him never coming back." Zerb Mellish for The New York Times

"He knew the families, he knew their dogs," said Ann Lin, who lives nearby and walks her children to school. After Mr. Manus died of the coronavirus in January, the block changed, she said. "There's a noticeable difference now. It's this heaviness. And it's a reminder of what Covid took."

A group of parents has planned an honorary plaque to be erected at the spot where Mr. Manus worked. "My kids were devastated," said Sarah Kissel, the P.T.A. president. "They went from seeing him every day to him never coming back."

Mr. Manus has not yet been replaced. For now, his corner sits empty.

'There's always this hope'

Ignacio Silverio and his sister, Leticia Silverio, used to have a ritual. They would meet and chat over coffee in her restaurant, Cheliz, which she opened in their hometown, Redlands, Calif., four years ago.

Mr. Silverio still comes by the restaurant. But now his sister is gone, after dying from the coronavirus in August at the age of 40. Her husband has kept the restaurant operating, a main source of income. Other family members have pitched in to help.

"When I go inside, it's a surreal moment and there's always this hope," Mr. Silverio said. "You know, maybe it's all a dream and she would greet me and we would sit down together and drink coffee."

Some families have moved away from the places that are so painfully entwined with memories.

In April, Karlee Greer picked up her father, Michael Horton, 66, from the hospital where he had been battling the coronavirus. The doctors said he was ready to continue his recovery at home, and Ms. Greer had him stay with her family, setting him up in a bed in her daughter's room.

Four days later, he died there, without warning. Even now, 10 months after her father's death, Ms. Greer remains haunted by the space.

"Every time I walk into my daughter's room, it's like I see him there," she said. "I see him around the whole house. I can't stand to be there."

On Friday, the family moved out, hoping that a new home would bring new memories.

The feeling of loss throughout the United States goes beyond physical spaces.

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- Vaccines are rolling out and will reach many of us by spring. We've answered some common questions about the vaccines.
- Now that we are all getting used to living in a pandemic, you may have new
 questions about how to go about your routine safely, how your children will be
 impacted, how to travel and more. We're answering those questions as well.
- So far, the coronavirus outbreak has sickened more than 106 million people globally.
 More than two million people have died. A timeline of the events that led to these numbers may help you understand how we got here.

"People are feeling a psychological and spiritual void," said Paddy Lynch, a funeral director in Michigan who has worked with families who have lost relatives to the coronavirus.

Part of that void, he said, comes from the missing rituals, the lack of a communal catharsis after a death.

Aldene Sans, 90, once a stay-at-home mother who raised five children in Illinois, died in December while living in a nursing home that was ravaged by the virus.

Her funeral service was kept small, an effort to make sure the gathering was safe.

"It was sad, and so strange," said her daughter Becky Milstead. "Only nine people were there."

'Sad day in our history'

As the United States approaches 500,000 deaths from the coronavirus, there are few events in history that adequately compare.



"We would hold hands, or sometimes I would put my hand on his leg," Andrea Mulcahy said of the time she spent at home on the couch with her husband, Tim. Zack Wittman for The New York Times

The 1918 influenza pandemic is estimated to have killed about 675,000 Americans, according to the Centers for Disease Control and Prevention, when the country's population was a third of what it is now. But it also happened at a time when influenza vaccines, antibiotics, mechanical ventilation and other medical tools did not exist yet.

Drew Gilpin Faust, a historian and former president of Harvard University, said medical and societal achievements in the United States had caused many Americans to believe that "we were ready for anything — that we had conquered nature."

"When there were field hospitals in Central Park, and bodies piled up because there was no capacity to bury them, we were just so shocked at ourselves and had not thought this would ever happen to us," said Dr. Faust, whose book "This Republic of Suffering" explores how Americans grappled with death after the Civil War. "That sense of mastery over nature has been so seriously challenged by this pandemic."

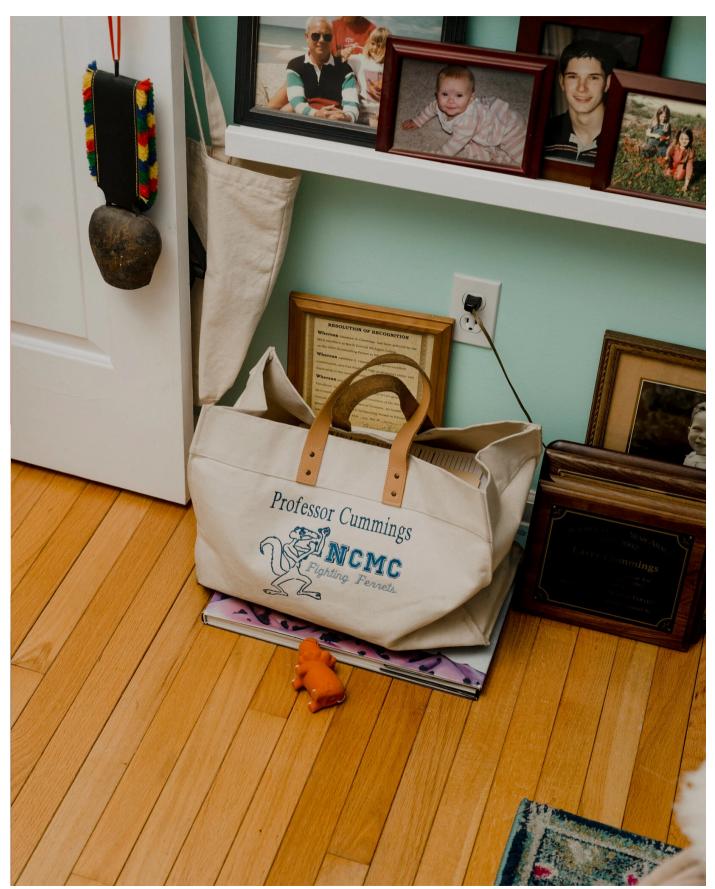
Deaths from Covid-19 in the United States came faster as the pandemic went on. The first known death occurred in February, and by May 27, 100,000 people had died. It took four months for the nation to log another 100,000 deaths; the next, about three months; the next, just five weeks.

Though daily deaths are now slowing, about 1,900 deaths in America are being reported each day. As of Sunday evening, the toll had reached 498,649.

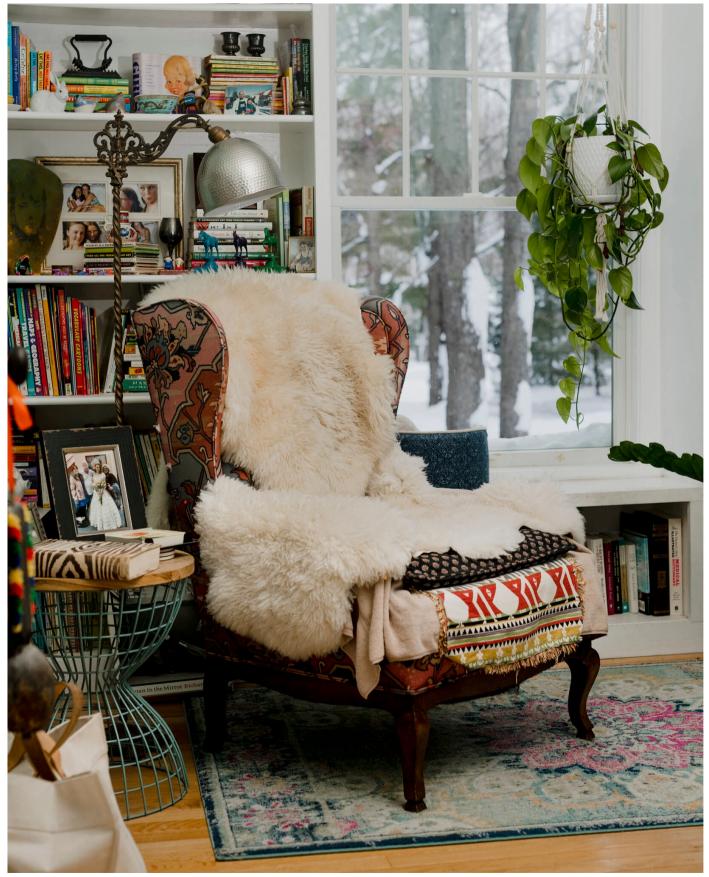
"This will be a sad day in our history," said Dr. Ali Mokdad, an epidemiologist at the University of Washington. "Our grandchildren and future generations will look back at us and blame us for the biggest failure in facing a pandemic, in the country that's the richest country in the world. That we allowed people to die, that we didn't protect our vulnerable populations — Native American, Hispanic and African-Americans. That we did not protect our essential workers."

It will still take months to vaccinate the American public, and new, more contagious variants of the virus could quickly undo the nation's progress and lead to another spike.

The Institute for Health Metrics and Evaluation, an independent global health research center at the University of Washington, has projected that the nation could reach more than 614,000 deaths by June 1. Factors like how well people adhere to guidelines like mask-wearing and social distancing, plus the speed of vaccinations, could affect that estimate.



Larry Cummings's tote bag has not been moved since his death.



His wife, Shannon, has been sleeping on his side of the bed. "By doing so, this space isn't empty," she said. Lyndon French for The New York Times

Mark Buchanan, manager at the Side Door Saloon in Petoskey, Mich., has been thinking of the stool where his friend Larry Cummings, a professor, used to sit on Monday nights for a chat, some football and a glass of ice water.

"It was like 9:10 every Monday," Mr. Buchanan said. "We knew that when the door opened, it was Larry walking in."

Mr. Cummings's widow, Shannon, said she had tried to take comfort in knowing that her husband, who died of Covid-19 in March at the age of 76, had a full, meaningful life, rich with family, friends and travel.

But ever since he died, she has been sleeping on his side of the bed — "by doing so, this space isn't empty," she said.

She recently cleaned out her husband's university office and sifted through everything he had tucked away there: a collection of political buttons, handwritten cards from their daughters and a file of papers from an extended trip they were supposed to take to the Balkans last summer.

This month, Ms. Cummings finally sold his car, a Volvo sedan, that had been sitting unused for much of the past year.

"I didn't realize how hard it would be to sell it," she said. "It hit me in a way that surprised me and shocked me. It was admitting that he's really not here."

Lucy Tompkins contributed reporting from New York, Bryan Pietsch from Denver, and Mitch Smith from Chicago. Alain Delaquérière contributed research.

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