



Division of Medical Sciences

IMMUNOLOGY Program

Individual Development Plan

Name : _____ Advisor: _____ Date: _____

Part I: Skills Assessment

Rate your current skill level on a scale from 1 (weakest) to 5 (strongest)

Research & Science

1 2 3 4 5

Broad-based knowledge of immunology

Quantitative/Statistical methods

Critical reading of the literature

Ability to frame research questions

Experimental design

Identifying advisors & seeking advice

Time Management

Communication

1 2 3 4 5

Writing for proposals or publications

Public speaking

Communicating one-on-one

Giving constructive criticism

Accepting constructive criticism

Part II: Questions/Feedback

Any information related to science, education or your personal growth over the previous year that you would like to mention here. We look forward to hearing about successes, struggles that you want to share or suggestions. Any plans for the coming year may also be included. *(We always expect you will set up meetings with the program heads for any issues that may benefit from intervention or advice):*