

# Building Meaning in Schizophrenia

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## Key Words

Dorsolateral Prefrontal Cortex/DLPFC  
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 Semantic  
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 Temporal Cortex

## ABSTRACT

The schizophrenia syndrome is clinically characterized by abnormal constructions of meaning during comprehension (delusions), perception (hallucinations), action (disorganized and non-goal-directed behavior) and language production (thought disorder). This article provides an overview of recent studies from our laboratory that have used event-related potentials and functional magnetic resonance imaging to elucidate abnormalities in temporal and spatial patterns of neural activity as meaning is built from language and real-world visual events in schizophrenia. Our findings support the hypothesis that automatic activity across semantic memory spreads further within a shorter period of time in thought-disordered patients, relative to non-thought-disordered patients and healthy controls. Neuroanatomically, increased activity to semantic associates is reflected by inappropriate recruitment of temporal cortices. In building meaning within sentences, the fine balance between semantic memory-based mechanisms and semantic-syntactic integration (dictating “who does what to whom”) is disrupted, such that comprehension is driven primarily by semantic memory-based processes. Neuroanatomically, this imbalance is reflected by preserved (and sometimes increased) activity within temporal and inferior prefrontal cortices, but abnormal modulation of dorsolateral prefrontal and parietal cortices. In building meaning across sentences (discourse), patients fail to immediately construct coherence links, but may show inappropriate recruitment of temporal and inferior prefrontal cortices to incoherent discourse, again reflecting inappropriate semantic memory-based processing (abnormal inferencing). Finally, these abnormalities may generalize to real-world visual event comprehension, where patients show reduced neural activity in determining relationships around goal-directed actions, and comprehension is again dominated by semantic memory-based mechanisms.

## INTRODUCTION

Clinically, schizophrenia manifests at the highest levels of human function. Yet, over the last two decades, most cognitive paradigms used to study schizophrenia have taken a relative reductionistic approach, using stimuli presented out of their every-day contexts (e.g., symbols,

numbers, words and faces). A complementary approach – and the one taken by our own laboratory – is to study how imbalances in the operation of multiple interacting neurocognitive systems can lead to abnormalities in the build-up of higher-order meaning in schizophrenia. One way in which this can be done is through the study of semantics – how meaning is constructed for comprehension, communication and action in the real world. The aim of this article is to provide an overview of some recent studies from our own lab that have used event-related potentials (ERPs) and functional magnetic resonance imaging (fMRI) to study the cognitive neuroscience of language and semantic processing in healthy individuals and in patients with schizophrenia. For more comprehensive reviews of semantic and language function in schizophrenia, see Kuperberg, et al.<sup>1,2</sup>

## THE STRUCTURE AND FUNCTION OF SEMANTIC MEMORY

One of the most intuitively compelling theories of the “loosening of associations” sometimes seen in schizophrenia patients, and first described by Bleuler as being fundamental to the schizophrenia syndrome,<sup>3</sup> is that it arises from an increased automatic spread of activation (“hyperactivity”) across the semantic network.<sup>4,5</sup> Testing this hypothesis, however, presents many challenges. This is because schizophrenia patients are impaired in their ability to mobilize and use strategies to perform almost any task, and such impairments can obscure the behavioral effects of any automatic semantic hyperactivity. For example, in a traditional behavioral semantic priming paradigm, healthy individuals show shorter reaction times to recognize target words that are preceded by semantically related words (“tiger”-“stripes”) relative to unrelated words (“truck”-“stripes”).<sup>2,6</sup> This so-called “semantic priming effect” arises, in part, from an automatic spread of activation from the internal representation of the prime to the target, thus facilitating target recognition. However, it also arises because participants use semantic strategies to facilitate target recognition, such as attempting to predict the target or to explicitly match prime and target.<sup>6</sup> Given patients’ known deficits in strategic processing, it is therefore not surprising that their behavioral semantic priming effect is often smaller than that of matched controls,<sup>1</sup> even though this observation is inconsistent with the semantic hyperactivity hypothesis of schizophrenia.

To derive a more accurate measure of automatic activity within the semantic network in schizophrenia, one must therefore tease out any strategic influences. We have done this in two ways. The first, building upon previous behavioral<sup>7</sup> and ERP<sup>8</sup> work, aimed to circumvent such

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strategies altogether.<sup>9,10</sup> We separated the prime and target by a short interval that did not allow time for strategic processing; we introduced targets that were not only directly related but also indirectly linked to their primes through an unseen mediator, e.g., “lion” (tiger) “stripes” (predictive and matching strategies are ineffective in priming such indirectly-related targets); finally, rather than requiring participants to make behavioral decisions on each trial, we measured the modulation of the N400 — an ERP that indexes the earliest stage of integrating meaning in the brain (between 300-500msec post target onset)<sup>11</sup> — as an index of semantic priming (to ensure deep semantic processing, participants monitored for a semantic category in probe filler items). We demonstrated that patients with thought disorder exhibited a larger early indirect N400 priming effect (between 300-400msec) than patients without thought disorder or healthy controls.<sup>10</sup> This finding supports the hypothesis that activation spreads further within a shorter period of time in specific association with positive thought disorder in schizophrenia.

The second way in which we have partially teased apart controlled strategic and more implicit semantic processes in schizophrenia is to use fMRI which, unlike ERPs, has the spatial resolution to reveal some neuroanatomic segregation between these different types of semantic mechanisms. fMRI measures may also be more sensitive than ERPs to the underlying mechanisms of priming, rather than only its effects. Controlled semantic processing is thought to be mediated by inferior prefrontal cortices, while more automatic or implicit semantic associative processing is thought to take place primarily within temporal-occipital cortices. Moreover, activity within prefrontal and temporal regions can be, at least partially, experimentally dissociated during semantic priming in healthy individuals.<sup>12</sup> In schizophrenia patients, we demonstrated abnormal increases in hemodynamic activity within temporal cortices to indirectly related (versus unrelated) word-pairs.<sup>13</sup> These abnormal increases correlated with severity of positive thought disorder. We interpreted such increases as reflecting associative hyperactivity in schizophrenia.<sup>13</sup> Future studies will determine whether such hyperactivity is purely automatic in nature.

### BUILDING UP MEANING WITHIN SENTENCES

Encountering words within sentences leads to activation not only of their semantic representations, but also their syntactic representations. Traditional models of sentence processing hold that it is primarily the activation of syntactic representations that allows the meanings of individual words to be combined together to form a higher-order meaning (e.g., to determine “who does what to whom”: the assignment of thematic roles).<sup>14</sup> However, over the past few years, a growing body of research suggests that comprehension is also driven by semantic memory-based processes that, in some cases, can challenge even an unambiguous syntax.<sup>15</sup> We have suggested that the fine balance between semantic memory-based and syntactically-driven combinatorial processing (semantic-syntactic integration) is disrupted in schizophrenia,<sup>15</sup> and that such a disruption can lead to errors in the build-up of higher-order meaning under some circumstances.<sup>16,17</sup> There are several sources of evidence for this account.<sup>1,2</sup> Here I describe a couple of example ERP experiments.

The first experiment, carried out in collaboration with Dean Salisbury’s laboratory, pitted an implausible overall sentence meaning against coherent semantic relationships between individual words. Sitnikova, Salisbury et al.<sup>18</sup> presented patients and controls with incongruous sentences like “*The guests played bridge because the river had rocks in it,*” and congruous sentences like “*Diving was forbidden from the bridge because the river had rocks in it.*” ERPs were

measured to critical words such as “*river*” that, in all sentences, were semantically related to the dominant meaning of the preceding homograph (e.g., “*bridge*” meaning overpass). Whereas healthy controls showed an increase in the amplitude of the N400 to “*river*” when preceded by an incongruous, relative to a congruous, sentence context, patients failed to show this N400 modulation. Importantly, the very same patients did show a significant increase in the N400 to incongruous words that were semantically unrelated to all preceding words in the sentence (e.g., when “*cracks*” was substituted for “*rocks*” in the above sentence). We interpreted these findings as suggesting that, in these patients, online neural processing was dominated by the semantic association between the homograph’s dominant meaning and the critical word, at the expense of combining syntactic and semantic information to build up the sentence’s overall context.

A second experiment directly pitted highly associated semantic relationships between a critical verb and its preceding content words (“*breakfast,*” “*eggs*” and “*eat*”) against the syntactically-dictated implausible interpretation of a whole sentence (“*Every morning at breakfast the eggs would eat...*”). In healthy individuals, this conflict on “*eat*” leads to an attenuated N400 (a temporary “semantic illusion”), followed by a later P600 effect that may reflect continued attempts at semantic-syntactic integration as the comprehender tries to make sense of the sentence.<sup>15,19-21</sup> In schizophrenia, however, no increased P600 is produced on “*eat*.”<sup>17</sup> In other words, no online neural processing cost is incurred at all, despite the incongruity of the sentence as a whole; in patients, processing (and, in some cases, even the final interpretation) of such sentences was effectively dominated purely by the semantic relationships between “*breakfast,*” “*eggs*” and “*eat*.”<sup>17</sup>

At a neuroanatomical level, both syntactically-driven and semantic memory-based comprehension are thought to be mediated by activity within a network distributed across temporal and inferior frontal cortices.<sup>22-24</sup> When demands to make sense of a sentence as a whole are increased, such as in anomalous sentences that require additional semantic-syntactic integration (e.g., “*...at breakfast the eggs would eat*”), additional regions are also recruited, including premotor, dorsolateral prefrontal and parietal cortices.<sup>24</sup> If, as we have suggested, the balance of activity between semantic memory-based and syntactically-driven routes to comprehension is disrupted in schizophrenia, this would predict a dissociation in the modulation of these networks in patients, particularly when demands to make sense of a sentence as a whole are high (such as on sentence-final words). Recent findings in our lab support this hypothesis: when semantically anomalous sentence-final words are contrasted with non-violated words, modulation within temporal and inferior frontal cortices is normal (some parts of temporal cortices even show increased activity to congruous sentences), but recruitment within dorsolateral prefrontal and parietal cortices is abnormally reduced.<sup>25,26</sup> In future studies, we plan to manipulate semantic associative strength between individual words within sentences to determine whether, when associative strength is high, patients, relative to controls, will show even greater recruitment of temporal cortices, just as for single associated word-pairs.

### BUILDING MEANING WITHIN DISCOURSE

Effective thought, comprehension and communication require us to go well beyond making sense of a single sentence.<sup>27</sup> To construct meaning across sentences, we must establish semantic links between the propositions conveyed in sentences. In healthy individuals,

establishing such coherence is often reliant on being able to retrieve information stored within semantic memory that is not explicitly stated in the text, i.e., generating inferences. For example, to make sense of a simple three-sentence scenario such as “*John and Jack had an argument. Jack got very angry. The next day John had bruises,*” we must retrieve, construct and integrate a causal inference – “*Jack hit John.*” In ERP experiments, the cost of such processing is manifest immediately as an increased N400 on “*bruises,*” relative to words in sentences that do not require such inferences.<sup>28,30</sup> Moreover, using fMRI, a large bilateral neural network, distributed across temporal, inferior and superior frontal cortices, is activated to inference-requiring words.<sup>29</sup> Schizophrenia patients fail to show the immediate neural cost of semantically integrating “*bruises*” into its preceding context (no modulation of the N400).<sup>28</sup> However, they do judge the causal coherence of these scenarios similarly to controls, and fMRI findings demonstrated that they showed normal recruitment of temporal-frontal cortices,<sup>31</sup> suggesting that they are able to generate inferences, perhaps at a later stage of processing.

Not all discourse, however, is coherent. Healthy individuals appear to have a threshold such that they generate inferences when appropriate, but, during normal comprehension, they do not necessarily attempt this when the input seems very incoherent. If, for example, the final sentence in the above scenario is completely unrelated to its context (e.g., “*The next day John ate breakfast*”), although healthy individuals show an immediate semantic integration cost (an increased N400) on the critical word (“*breakfast*”),<sup>28</sup> they will generally fail to generate an inference and they do not further recruit temporal-frontal cortices.<sup>29</sup> A very different pattern is observed in schizophrenia. Despite an immediate failure to incur a semantic cost on “*breakfast*” during online neural processing (no N400 effect),<sup>28</sup> patients, unlike controls, do recruit several temporal and prefrontal regions to these unrelated scenarios.<sup>31</sup> We suggest that this may reflect an inappropriate retrieval of information from semantic memory, i.e., inappropriate inferencing, that might be linked to the illogical connections between ideas that characterize psychosis.

Constructing meaning across sentences also requires us to establish referential cohesion, i.e., to connect multiple references to the same entity. First mentions of the entity are referred to as antecedents and subsequent mentions are termed anaphors. Encouragingly, in a recent study, we showed that schizophrenia patients are able to establish cohesive links between noun anaphors and their antecedents, at least when the context is highly constrained and explicitly provided.<sup>32</sup> This, however, may not be the case when the anaphor is a pronoun or when it is referentially ambiguous, and future studies will determine whether schizophrenia patients show neural abnormalities in establishing cohesion under such circumstances.

#### **BUILDING MEANING DURING REAL-WORLD COMPREHENSION**

Above, we have illustrated, through studies of language, how interactions between semantic memory and the build-up of higher-order meaning may be imbalanced in schizophrenia. This model also has

implications for real-world comprehension outside the language system. Using a novel paradigm,<sup>33</sup> we have investigated how patients build up meaning as they comprehend visually-presented real-world events. In this paradigm, participants view short, silent movie-clips with final scenes that depict violations of actions in every-day events, e.g., a man attempting to shave with a rolling pin, where the critical objects do not have the semantic properties to execute the target action (a rolling pin does not have the semantic features to carry out the action of shaving). In healthy individuals, such violated scenes evoke not only an (anteriorly distributed) N400 effect, relative to non-violated scenes, but also a Late Positivity effect.<sup>33,34</sup> We have suggested that the Late Positivity evoked by such action-based violations reflects participants’ continued attempts to make sense of such events by computing the relationships between objects, actors and action (determining “who does what to whom”). These operations may be analogous to the processes reflected by the P600 evoked by semantically violated verbs in sentences, which, as noted above, may reflect continued attempts to integrate semantic-syntactic relationships around such verbs.<sup>15,34,35</sup> In schizophrenia, the N400 effect evoked by the violated, relative to the non-violated, visual scenes was modulated normally; indeed, in patients with behavioral and verbal disorganization symptoms, its modulation was increased, once again suggesting some semantic hyperactivity. In contrast, patients showed a clear attenuation of the Late Positivity/P600 effect.<sup>36,37</sup> Most interestingly, the reduction of this positivity correlated with patients’ deficits in goal-directed behavior (and not with other symptoms), suggesting some specificity in its power to predict clinical real-world impairments in schizophrenia.

#### **CONCLUSIONS**

This overview of some of our own recent work illustrates how the study of language and semantics can give insights into how abnormalities of thought in schizophrenia might arise in the brain. I have focused on interactions between semantic memory and the build-up of sentence and discourse context in language, and on analogous relationships during visual event comprehension. However, I believe that this general model of impaired interactions between memory-based and combinatorial processing may generalize to understanding impairments in other domains including emotional and social cognition.<sup>38-40</sup> My hope is that the study of how meaningful individual stimuli are integrated into a meaningful whole will complement more reductionalist approaches to the cognitive neuroscience of schizophrenia, and will give additional insights into the mechanisms of abnormal thought and real-world function in this disorder.

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