

Living in Cambridge!

www.mbta.com

Enter your starting and ending points and the "T" will tell you exactly how to get from here to there, including walking, bus lines, subway lines, etc.

GROCERY STORES

- **Shaw's/Star Market** www.shaws.com
Near Campus – 275 Beacon Street, Somerville
Mt. Auburn Street – 699 Mt. Auburn Street, Watertown
Central Square – 20 Sidney Street, Cambridge
Porter Square – 49 White Street, Cambridge
- **Stop & Shop** www.stopandshop.com
60 Everett Street, Allston
- **Broadway Market** www.broadwaymarketplace.com
468 Broadway, Cambridge
- **Whole Foods Market** www.wholefoods.com
340 River Street, Cambridge
115 Prospect Street, Cambridge
200 Alewife Brook Parkway, Cambridge
- **Trader Joe's** www.traderjoes.com
727 Memorial Drive, Cambridge
211 Alewife Brook Parkway, Cambridge
1317 Beacon Street, Brookline
- **Delivery/Online**
www.peapod.com (they deliver from Stop & Shop). Order groceries online and Peapod will deliver them the same or next day, depending on when you place order. There is a delivery fee.

PHARMACIES

- **CVS**
1426 Mass Ave, Harvard Square
35 White Street, Porter Square
1 Davis Square, Somerville
- **Rite-Aid**
330 River Street, Cambridge
1740 Mass Ave, Between Harvard & Porter Square
393 Highland Ave, Davis Square
- **Walgreen's**
625 Mass Ave, Central Square, Cambridge
- **Skenderian Apothecary**
1613 Cambridge Street, Cambridge
- **University Health Services**

Holyoke Center (1350 Mass Ave, Harvard Square)
<http://huhs.harvard.edu/Home.aspx>

INTERNATIONAL SUPERMARKETS

Chinese

- The 88 Supermarket, Chinatown in Downtown Boston, Orange line to New England Medical Center (NEMC), 50 Herald Street, Boston
- Ming's Supermarket 1102-1108 Washington Street, Boston
- Chang Shing Tofu Inc. (Tofu Factory) 37-39 Rogers Street, Cambridge
- Sun Sun Co., 18 Oxford St, Boston, Orange line to Chinatown

Indian

- India Foods and Spices, 80 River Street, Cambridge (Red line to Central Square)
- Shalimar, 571 Massachusetts Avenue, Central Square, Cambridge (Red line to Central Square)

Japanese

- Yoshinoya Japanese food store. A little expensive, but they have a good variety. 36 Prospect St, Cambridge
- Miso Market, Porter Square
- The Reliable Market Inc. Japanese and Korean food shop. It is cheaper than the others. 45 Union Square, Somerville

Korean

- The Korean Deli 1759 Massachusetts Av, Cambridge
- Lotte 297 Massachusetts Av, Cambridge
- Mirim Trading Co. Some Koreans say Kimchi from this market is the best. 152 Harvard Av, Allston
- Seoul Bakery 56-8 Harvard Av, Allston

Central and South American

- La International Foods
Spanish, Brazilian, Haitian, Caribbean food
318 Somerville Avenue, Somerville
- La Sultana (Bakery) 40 Maverick Sq, East Boston

European

- Cardullo's Gourmet Shop, 6 Brattle Street, Cambridge 617-491-8888
- Capone Food, 14 Bow Street, Somerville 617-629-2296
- Moscow International Foods, 133 Harvard Avenue, Allston 617-782-6644 (Greenline B to Harvard Street)

African

- Tropical Foods 2101 Washington St, Roxbury, MA 617-442-7439 This large market in Boston sells Caribbean, Spanish, West Indian and a number of African products. Here

you can get your gari and egusi and do the rest of your weekly shopping as well. They carry palm oil, meats, fresh tropical produce, cosmetics and more.

- Albino Fruit Market 92 Belmont St, Worcester, MA 508-753-9280 Albino's sells all sorts of African foods from palm oil to agbono, kenkey to sweet bread. Their selection is always different depending on the stock.

WAREHOUSE SUPERMARKETS

- **BJ'S:** It's a big warehouse where you can find everything from food to electronic appliances at discounted prices. You have to get a membership card that costs \$45 (Discount Membership available through Harvard's Innings and Outings). Quantities are enormous. www.bjs.com
278 Middlesex Ave, Medford
Seyon Street, Watertown
- **Costco:** It's like BJ'S but usually carries different brands. Membership also required. www.costco.com
2 Mystic View Road, Everett
71 2nd Avenue, Waltham

FURNITURE/HOUSEWARES

- **Pier 1 Imports**
One Porter Square, Cambridge
- **Target**
550 Arsenal Street, Watertown
180 Somerville Ave, Somerville
- **Bed, Bath & Beyond**
401 Park Drive, Kenmore Square
119 Middlesex Ave, Somerville
11 Mystic View Road, Everett
- **Urban Outfitters**
11 JFK Street, Harvard Square
- **Crate and Barrel**
1045 Mass Ave, Harvard Square

HARDWARE/HOME IMPROVEMENT

- **Dickson Brothers True Value**
26 Brattle Street, Harvard Square
- **Economy Hardware**
438 Mass Ave, Cambridge
- **Tags ACE Hardware**
Porter Square Shopping Center
- **The Home Depot**
75 Mystic Ave, Somerville
615 Arsenal Street, Somerville
3 Mystic View Road, Everett
- **Lowe's**
1500 Broadway, Saugus

15 Commerce Way, Woburn

ELECTRONICS/COMPUTER SUPPLIES

- **Best Buy**, Cambridgeside Galleria Mall or 550 Arsenal Street (across from Arsenal Mall, Watertown)
- **Target**, 550 Arsenal Street (across from Arsenal Mall, Watertown) or 180 Somerville Ave, Somerville
- **Microcenter**, 727 Memorial Drive
- **Staples**, 57 JFK Street, Harvard Square
- **Radio Shack**, 28 JFK Street, Cambridge & 15 White Street, Porter Square

BOOK STORES

- **The Harvard Coop**
Harvard Square
There are also a lot of great independent, small, and specialty bookstores in the area. They are great places to discover on your own.

MOVIE RENTAL

- **Hollywood Express**
765 Mass Ave, Cambridge
- **Quick-Flix**
8 Bow Street, Cambridge

SHOPPING MALLS/PLAZAS

- **Prudential/Copley Mall (Boston)**
Saks Fifth Avenue, Lord and Taylor, Neiman Markus, Chanel, Tiffany's.
100 Huntington Ave, Boston
- **Cambridgeside Galleria (Cambridge)** Gap, J. Crew, Ann Taylor, Banana Republic, Macy's, Benetton and much more. 100 Cambridgeside Place
- **Downtown Crossing (Boston)** DSW, Macy's, H &M, T.J. Maxx, Borders
- **Chestnut Hill Mall and Atrium (Chestnut Hill)** Pottery Barn, Restoration Hardware, Anthropologie, Tiffany, Bloomingdales and much more.
- **Quincy Market/Faneuil Hall Marketplace (Boston)** Large variety of shops and restaurants including small shops, boutiques, craft stands and restaurants.
- **Fresh Pond Mall (Cambridge)** Staples, TJ Maxx, Whole Foods, Trader Joes. Alewife Brook Parkway

RESTAURANTS/COFFEE SHOPS

Below are a few restaurants that can fit a student budget. For more suggestions, see www.boston.com/dining, or www.bostonphoenix.com.

Brunch/Coffee

- **Soundbites**
708 Broadway, Somerville. Great stuffed French toast, worth the wait at the door on weekends. However, proprietor allows no dawdling once you're finished eating.
- **S&S Deli** 1334 Cambridge St, Cambridge (Inman Square)

Reasonable prices, also lunch and dinner.

- **The Neighborhood Restaurant**
25 Bow Street, Somerville

Casual/Takeout

- **Anna's Taqueria** (Porter Square in Cambridge and Davis Square in Somerville. This is very good and inexpensive burritos, etc. Very casual, no waiters. CASH only.
- **Blue Ribbon Barbeque** (Mass Ave in Arlington, MA and Newton, MA)
<http://blueribbonbbq.com> Not a place to dine, great for take-out. Best NC-style BBQ.
- **Felipe's** located in The Garage on Mt. Auburn Street in Harvard Square, cheap and good
- **John Harvard's** (on Dunster Street, Harvard Square) Casual brewery
- **Emma's** Best pizza in Cambridge. Thin crust, many gourmet combinations. Can get a takeout slice before a movie at the Landmark Theatre in Kendall Square.
- **Red Bones** (Davis Square, Somerville) Southern barbeque in a sit-down restaurant environment. Very casual and fun. Brisket, cornbread, and much more.
- **Asmara** (Eritrean and Ethiopian) 739 Mass. Ave in Cambridge, in Central Square. Unique, spicy food, \$12-16 for entrees. (617) 864-7447.
- **The Shops at Porter** 1815 Mass Ave, a variety of small Japanese restaurants
- **Charlie's Kitchen** Cheap double cheeseburgers, 10 Eliot St, Harvard Square
- **Pinocchio's Pizza** By the slice, open late, 74 Winthrop Street, Harvard Square
- **Pinis Pizzeria** The closest I've found to NYC pizza & they deliver
- **Mr. Bartley's Burger Cottage** A Harvard Square stand-by. 1246 Mass Ave
- **Veggie Planet** Delicious vegetarian and vegan food – large portions! 47 Palmer Street in Harvard Square (also Club Passim)
- **Newtowne Grille** Located in Porter Square, pitcher of PBR and a large pizza for \$11.95, cheapest deal you'll find in Cambridge & good!

More \$\$, but still reasonable

- **Dali Restaurant and Tapas Bar**, (415 Washington St., Somerville)
- **Elephant Walk** (2067 Massachusetts Ave, near Porter Square, Cambridge)
French/Cambodian restaurant. Dressy Casual.
- **Legal Seafood** (various locations) A New England tourist classic. Their clam chowder has been served at the last five Presidential Inaugurations.

Dessert/Coffee/Ice Cream

- **Various coffee shops:** Peet's in Harvard Square, Simon's (past Starbucks on Mass Ave towards Arlington), Diesel Café in Davis Square, 1369 in Central and Inman Squares . . .
- **JP Licks** Great ice cream, good rotating selection. Davis Square and Mass Ave, Harvard Square
- **The Cheesecake Factory** (Cambridgeside Galleria Mall, Cambridge and Prudential Center, Boylston Street) –Giant portions
- **BerryLine** Really great frozen yogurt. Three flavor options per day served with an assortment of candy and fresh fruit toppings. (3 Arrow Street, Harvard Square & 1668 Mass Ave, Cambridge)

BANKING AND POSTAL SERVICES

BANKS

Here is a list of banks local to the New England area:

- Bank of America <http://www.bankofamerica.com/>; 1-800.432.1000
- Citizens Bank www.citizensbank.com; 1-800-922-9999
- Sovereign Bank www.sovereignbank.com; 1-877-SOV-BANK
- Cambridge Trust (ATM on campus); 65 Beacon St, Boston; 617-503-4140
- Cambridgeport Bank 689 Massachusetts Ave., Cambridge; 1-800-401-2626
- Cambridge Savings Bank 800-864-BANK; 617-864-8700

POSTAL SERVICES

Recorded Information: 1-800-725-2161

Mail delivery: Monday through Saturday

Main Branch Cambridge: 770 Mass Ave, Central Square 617-876-0620

Harvard Square: 125 Mount Auburn St. 617-876-6483

RELIGIOUS CENTERS

BAHA'I

- Baha'I Center of Boston: 595 Albany Street, Boston; 617-695-3500
- Baha'I faith: Cambridge 617-868-9374

BAPTIST

- Cambridgeport Baptist Church: 459 Putnam Street, Cambridge; 617-576-6779
- Metropolitan Baptist Church: 16 Beech Street, Cambridge; 617-868-3261
- Twelfth Baptist Church and the Second African Meeting House: 150 Warren Street

BUDDHIST

- Boston Dharmadhatu/Shambhala Meditation Center: Tibetan Buddhism, Karma Kagyu and Nyingma. 646 Brookline Ave, Brookline 617-734-1498, www.primordialdot.org/main.asp
- Cambridge Buddhist Association: 75 Sparks Street, Cambridge; 617-491-8857
- Cambridge Insight Meditation Cyr (CIMC): 331 Broadway, Cambridge, www.cimc.info

CATHOLIC

- Harvard-Radcliffe Catholic Student Center: 29 Mt. Auburn St., Cambridge; 617-868-6585
- St. Paul's Catholic Church: 29 Mt. Auburn St., Cambridge; 617-491-8400
- The Paulist Center (Evangelical): 5 Park Street, Boston; 617-742-4460
- St. Paul's Evangelical Church: 45 College Avenue, Somerville; 781-863-0500

CHARISMATIC

- Church of Jesus Christ and the Latter Day Saints: 4 Longfellow Park, Cambridge; 617-547-6188
- Tree of Life City Church at Ruggles Baptist: 617-236-4828

CONGREGATIONAL

Park Street Church: 1 Park Street, Boston; 617-523-3383

AFRICAN METHODIST-EPISCOPAL

- St. Paul Church: 85 Bishop Allen Drive, Cambridge; 617-661-1110
- Zion Church: 600 Columbus Avenue, Boston; 617-266-2758

EPISCOPAL

- Trinity Church: Copley Square, Boston; 617-536-0944; www.trinitychurchboston.org
- St. James Episcopal Church: 1991 Mass Ave, Cambridge; 617-547-4070
- St. Paul's Episcopal Church: 15 St. Paul Street, Brookline; 617-566-4953

GREEK ORTHODOX

Archdiocese Chapel: 50 Goddard Street, Brookline; 617-566-2329

HINDU

- Ramakrishna Vedanta Society: 58 Deerfield Street, Boston, MA 617-536-5320, <http://vedantaofboston.org>
- Sri Akshar Puroshottam Swaminarayan Hindu Temple: 4 Marlboro Road, Stow, MA 508-562-0727
- Swaminarayan Temple: 403 Andover Street, Lowell MA 978-934-9390
- Sri Lakshmi Temple: 117 Waverly Street, Ashland; 508-881-5775, www.nehti.org

INTERDENOMINATIONAL

- Memorial Church: Harvard Yard, Cambridge; 617-495-5510
- Grace Chapel of Lexington; 781-862-6499

ISLAM

- Boston Sufi Order: 83 Elm Street, Jamaica Plain, MA 617-522-0800
- Islamic Center of Boston: 126 Boston Post Road, Wayland, MA 508-358-5885, www.icbwayland.org
- Islamic Center of New England: 74 Chase Drive, Sharon, MA 617-479-8341, www.iane.org
- Masjid Al-Quran: 35 Intervale St, Dorchester, MA 617-445-8070
- Islamic Society of Boston: 204 Prospect Street, Cambridge; 617-576-6268

JEWISH

- Kehiliath Israel (Conservative): 384 Harvard Street, Brookline; 617-277-9155
- Harvard-Radcliffe HillelReisman Center: 74 Mt. Auburn St, Cambridge; 617-495-4696
- Temple Israel (Reform): 260 Riverway, Roxbury; 617-566-3960
- Havurat Shalom: 17 Olde Berry Road, Andover; (978) 494-2042
- Temple Beth Shalom of Cambridge: 8 Tremont Street, Cambridge; (617) 864-6388
- Congregation Mishkan Tefila (Conservative): 300 Hammond Pond Parkway, Newton, MA; 617-332-7770
- Young Israel of Brookline (Orthodox): 62 Green Street, Brookline; 617-734-0276

LUTHERAN

University Lutheran: 66 Winthrop St, Cambridge; 617-876-3256

MORMON

Church of Jesus Christ of Latter-Day Saints: 2 Longfellow Road, Cambridge; 617-491-4749

Church of Jesus Christ of Latter-Day Saints: 275 3rd Street, Cambridge; 617-577-0460

Church of Jesus Christ of Latter-Day Saints: 99 Dover Street, Somerville; 617- 625-5544

PRESBYTERIAN

First United Presbyterian Church of Cambridge: 1418 Cambridge St, 617-354-3151

QUAKER

Society of Friends: 5 Longfellow Park, Cambridge; 617-876-6883

RUSSIAN ORTHODOX

Holy Trinity Cathedral: 165 Park Drive, Boston; 617-262-9490

SIKHISM

- Gurdwara Guru Nanak Darbar: 226 Mystic Ave, Medford, MA www.gurunanakdarbard.net

- New England Sikh Study Circle: 204 E. Main St, Milford, MA nesscma.tripod.com

UNITARIAN

First Parish: 382 Walnut Street, Brookline; 617-566-1933

UNITED CHURCH OF CHRIST

First Church in Cambridge Congregational: 11 Garden Street, Cambridge; 617-547-2724

UNITED METHODIST

Grace United Methodist Church: 56 magazine Street, Cambridge; 617-864-1123

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UNITED MINISTRY AT HARVARD-RADCLIFFE

Cambridge Ministry in Higher Education; 617-495-5529

UNITED PARISH

American Baptist, Church of Christ and United Methodist: 210 Harvard Street, Brookline; 617-277-6860

GETTING AROUND

MAPS Pick up a good map at any bookstore or gas station. 'Streetwise Boston' is a favorite map of downtown Boston and handy to have if you are wandering the streets of downtown.

PUBLIC TRANSPORTATION The Massachusetts Bay Transportation Authority (MBTA) is the public transportation system made up of the local subway system (the "T"), local trains (commuter rail) and buses, which serve the greater Boston area. **Operation time is 5 A.M. to 12.30 A.M.** If you plan to use public transportation frequently, you might want to purchase monthly passes. There are several types of passes: subway, bus, commuter rail and combo passes. Another type of pass is the "Visitor Passport" which offers 1, 3, or 7 days of unlimited travel on all local subway and bus services. Many places can be reached easily with buses and subways. For more info, visit the website at www.mbta.com or call 617-722-3200.

CABS It is relatively easy to get a cab in Boston or Cambridge. Look for cab stations at Harvard Square. If you need a cab at a specific location and time, call a local cab company listed in the phone book. It is customary to tip the driver 10-15% of the fare.

Here are a few taxi companies:

Yellow Cab Cambridge 617-332-7700
 Checker Cab Boston 617-536-7000
 Red Cab Brookline 617-734-5000
 Boston Cab Boston 617-262-2227
 Green Cab Somerville 617-628-0600

BICYCLE RENTAL There are many good bike paths in the Boston area, and you will see that many people commute using a bicycle. If you choose to ride a bike around the City of Cambridge, please be aware that it is not very bicycle friendly. Remember these important rules:

1. Wear a helmet.
2. Ride at least a car door's length out from cars, even if you disrupt the flow of traffic. Many times people do not check their side-view mirror for bikers, and some nasty accidents can result.
3. Watch out for buses. They often cannot see you if you are to the right of them, and they make frequent stops.
4. Obey all traffic regulations. Especially please do not dart in and out of traffic, go the wrong way, or run red lights.

ZIP CAR There are an enormous number of ZipCar locations in Boston/Cambridge/Somerville. Harvard affiliates get a discounted membership.

Ace Wheelworks/Wheelworks Too in Belmont has used bicycles and bike rentals for the summer. http://www.wheelworks.com/info_too.htm; 22 Church Street, Belmont, MA

Quad Bikes. Rents, stores, receives bikes. Also sells refurbished bikes. www.quadbikes.org; 60 Linnaean Street, Cambridge: Corner of Shepherd and Walker Streets, I-entry basement of Eliot Hall in Cabot House, Harvard University Quadrangle.

Bike paths - http://www.bostoncitylinks.com/boston_bikes.html

THINGS TO DO IN BOSTON FROM ARTS TO PARKS

CALENDARS/EVENTS LISTINGS

www.harvardsquare.com: Site by Harvard Business Square Association—includes maps, business listings, events

www.boston.com Events calendar from Boston Globe, includes restaurant reviews, etc.

www.bostonphoenix.com Includes concert and events listings and reviews, restaurant reviews. Also has a summer guide.

www.boston.citysearch.com Up to date information on events happening around town, restaurants, hotels, sightseeing and much more.

www.news.harvard.edu/gazette Includes a calendar of events for Harvard community, including lectures and free events.

www.mass.gov/dcr/events.htm Outdoor activities, free outdoor concerts and events sponsored by the Department of Conservation and Recreation

www.cambridgechamber.org has links to events, museums, etc.

OUTDOORS/ON YOUR OWN/TOURS

Tours

Boston Duck Tours: Tour Boston in a “DUCK”, an authentic, renovated World War II amphibious landing vehicle. Get on board at the Museum of Science, Boston.

www.bostonducktours.com

Walk the Freedom Trail – a 2.5 mile walking tour of 16 sites and structures of historic importance in Boston. The tour begins at Boston Common, goes downtown, to the North End, over the bridge to Charlestown, and up to the Bunker Hill Monument. A red line on the sidewalk leads you from site to site. Tours are available from the Visitor Center at 15 State Street on the spring, summer and fall, weather permitting. Call 617-242-5642 for daily schedule.

Parks and Gardens/Outdoor Activities

Boston Common: downtown Boston, America’s oldest park. Many free events throughout the summer. Good place to go people-watching and hang out

Public Garden: downtown Boston, 24 acres, America’s first botanical garden.

Arnold Arboretum: Jamaica Plain, 265-acre botanical garden with more than 14,000 woody plants, flowers, and trees. National Historic Landmark, 617-524-1717

Franklin Park: 527-acre site including Franklin Park Zoo and an 18-hole golf course. Also hiking and picnicking. Open until 9 pm.

Crane Beach: Ipswich, MA– on Cape Ann; 508-356-4351

Bike paths: http://www.bostoncitylinks.com/boston_bikes.html,

<http://www.minutemanbikeway.org/> Takes you through historical Lexington and Concord.

Also good for walking, running, rollerblading

Memorial Drive: closed on Sundays during the summer for recreational activities such as walking, running, biking, rollerblading

Massachusetts Department of Conservation and Recreation: www.mass.gov/dcr/rec-act.htm, has a listing of parks and links to activities such as boating, sailing, fishing, golfing, etc.

City of Cambridge Recreation: <http://www.cambridgema.gov/DHSP2/recreation.cfm>, contains links to municipal golf course, adult athletic leagues, etc.

Community Boating, Inc.: <http://www.community-boating.org/>, requires a modest membership fee, sailboat and kayak rentals available to certified persons.

Charles River Canoe & Kayak: lessons and rentals, www.ski-paddle.com

Bicycle rentals: (see above in GETTING AROUND)

Museums, etc.

Isabella Stewart Gardner Museum: open Tues-Sun 11am-5pm; www.boston.com/gardner ; 617-566-1401

Museum of Fine Arts: Open Mon-Tues 10am-4:45pm, Wed-Fri 10am-9:45pm, Sat-Sun 10am-5:45pm; 617-267-9300

Museum of Science: Open daily 9am-5pm (Labor Day – July 4th), Friday to 9pm, Open daily 9am-7pm, (July 5th – Labor Day), Friday to 9pm; www.mos.org 617-723-2500

New England Aquarium: Open Mon-Fri 9am-5pm; Sat, Sun., and holidays 9am-6pm; www.neaq.org 617-973-5200

Performance Centers

Symphony Hall: Home to the Boston Pops; 617-266-1492

Wang Center for the Performing Arts: 617-482-9393

Tweeter Center for the Performing Arts: 508-339-2331; www.tweetercenter.com;

Bank Boston Pavilion: 617-728-1600; www.bankbostonpavilion.com

MDC Hatch Shell: 617-727-9547; Charles River Esplanade Free Concerts and movies staged from mid-April through the end of September; Wednesday-Sunday; For a list of events, use the following link – www.hatchshell.com.

Movie theaters

www.moviefone.com gives local listings for movie theatres in Boston. Search for zip code 02138.

Sports Teams

The **Boston Red Sox** (Boston's baseball team) call **Fenway Park** home. Built in 1912, Fenway Park is one of the smallest and oldest ball parks in the country. For tickets, call 617-267-1700. The box office is open in season Monday-Saturday 9am-5pm. www.redsox.com

Live Music

A variety of venues around Cambridge and Boston. Check www.pollstar.com for upcoming events in the Cambridge area.