

Guide to the Academic Resource Center

The Academic Resource Center (ARC) provides a range of resources to empower students to reach their academic goals. The ARC offers academic coaching, peer tutoring, and workshops and facilitates student accountability groups and study groups. All services are free. Visit the [ARC website](#) for more details.

Please consider including the above description of the Academic Resource Center on your course syllabus to inform students of the ARC.

When to Recommend a Visit to the ARC

If you have a student who seems to be having difficulty keeping up with your course, meeting deadlines, reading or studying effectively, or engaging in class discussions, consider recommending a consultation with an Academic Coach.

ARC Academic Coaches work with students individually and in groups to help them develop more effective study skills and learning strategies. Students come to the ARC to work on time management, prioritizing goals, motivation, note-taking, reading strategies, exam preparation, and project management. Students should go to the ARC website to [schedule coaching appointments](#) and to [register for workshops](#).

If you have a student who seems to be having difficulty with the course content or with making good use of office hours or question centers, consider directing the student to the ARC for help with finding a Peer Tutor.

ARC Peer Tutors provide an extra layer of academic support for specific courses. The ARC connects students with a network of trained peers who can support their learning by reviewing critical material from class, clarifying points of confusion, and suggesting study strategies. Students can [find a peer tutor](#) through the ARC website.

If you have a student who is looking for a study group or who you think would benefit from social accountability, consider directing the student to the ARC to join an accountability group, drop in to a motivation station, or find a study group.

ARC accountability groups are facilitated by Academic Coaches. Students come together to set their own goal for the session, work towards reaching that goal, and share their progress with the group. Motivation stations are a less structured setting for social accountability. Students can drop in for a silent study session or to host their own study group in a breakout room. Students can register for an accountability group and find an upcoming motivation stations on the [ARC events calendar](#).