LISSAH JOHNSON

You're listening to the Beauty + Justice podcast where we talk with folks from a variety of fields about what it will take to create a more clean and equitable future beauty for everyone. These conversations are led by Dr. Tamarra James-Todd, a trailblazer at Harvard TH Chan School of Public Health and head of the Environmental Reproductive Justice Lab and I'm your host, Lissah Johnson, a PhD candidate at Harvard Chan.

Hey listeners, thanks for joining us for episode 11. We're nearing the end of our limited series podcast, but we still have a few great episodes left. We've gotten the chance to talk with many different folks across many different disciplines about beauty justice from scientists, researchers, and doctors in various fields, to people in the business industry and we've even talked about the economics of beauty. But what about the perspectives of some of the main frontline workers in the beauty industry—the cosmetologists and the hair care professionals?

SUSAN PETERKIN

As a cosmetologist, we weren't taught about our hair and whenever I say this now, it absolutely blows my mind to know that you went through one year of school and you were taught to style another hair texture and not your hair.

LISSAH JOHNSON

That was our guest for the day, Susan Peterkin. She's a licensed cosmetologist, hair loss expert, and a trailblazer in the field of cosmetology. She co-opened the 1st all-natural hair salon within a dermatology clinic. She's the creator of JAHA Naturals hair care products and she's the founder of the Natural Hair Industry Convention which is an education platform for the advancement of hair care professionals. Today she's joining Dr. Tamarra James-Todd to discuss what drew her to becoming a hair care and wellness professional, how hair salons can be safe spaces for furthering beauty justice and the changes needed for a more just and equitable beauty industry for folks with natural hair. This is a really eye opening episode, so I'll pass it to Dr. Tamarra James-Todd to get it started.

TAMARRA JAMES-TODD

All right well, today listeners, we have a treat, I am so excited to introduce and have with us today, Susan, we've been talking a lot about beauty justice from the perspective of issues around Black hair and different, you know, situations with people of color more broadly. But one perspective that we have not brought in and had conversation with are the frontline folks, the folks who are really managing our beauty and so today it's a treat to have expert cosmetologists with us to discuss these issues. So, Susan, would you mind introducing yourself and telling us a little bit about the work that you're doing in this space?

SUSAN PETERKIN

Hi everyone, my name is Susan Peterkin, I'm a senior licensed cosmetologist, hair loss expert, educator in the industry and I've just come upon about 40 years as a licensed cosmetologist and natural hair stylist in the industry. And this is a space that I I'm very passionate about and I have a lot of very strong opinions about, thank you, Tamarra, for inviting me.

EP11: + The Role of Cosmetologists with Susan Peterkin

TAMARRA JAMES-TODD

I wouldn't call them strong opinions, I think that you indeed are an expert, and I've already, you know, we've only known each other briefly, but I've learned so much from you in this space, but to kind of just start us out and get our feet a little wet here I'm wondering if you can define beauty for us, how would you define beauty?

SUSAN PETERKIN

To me, at this stage of my life, beauty is more of a feeling. So I don't know if it's a definition because I know when I was ten years old, 12 years old, even 20 years old, I didn't feel the same way about beauty as I do now. So, cause beauty is ever changing and it's individual you know. So, if I need to put a definition, a definition on it right now where I am in my life, I would say it's freedom, it's confidence, it's self-awareness, you know, but to a 12 year-old who's been told that your hair is not beautiful, it can be debilitating. So, to me it's ever changing, you know what I mean? But when you get to that point where you are like that confidence and it's just freedom, you're like your hair doesn't stop you anymore. It's just hair, you know.

TAMARRA JAMES-TODD

I really love that because one of the topics we discussed in our last episode was on liberation and so I love that as a part of the definition that you gave, you know, beauty is freedom and really that freedom comes oftentimes from confidence that we can gain. And for some of us, that is harder than for others. So, I really appreciate the definition you just gave.

SUSAN PETERKIN

Thank you.

TAMARRA JAMES-TODD

And so, one of my questions is, did you always want to go into the beauty industry? Can you tell us a bit about, you know, your path to where you are now working as a cosmetologist and hair loss expert and brand owner. How did, you know, how did you decide to enter into this space?

SUSAN PETERKIN

It's very strange I don't know if I really set out to do it, I think it was divine intervention for me to be here at 12 years old. I was always a, you know, avid reader I, you know, loved reading novels and stuff like that. And I was reading this book and it said the word cosmetologist. And I'm like, cosmetologist, you know, and and reading it in the sentence in context, I knew, but it was, but I used to just hear people be called, you know, hairdresser, beautician, but I never heard the, hear the word cosmetologist. So, I looked up the word and realize what it meant, you know, bigger—you just encompass everything. And I'm like, ohh, okay that's what I'm doing and I just felt very, you know, happy knowing that word. So, when we went back to school, one of our first assignment was, where do you see yourself in 10 years? And of course, the word cosmetologists, okay, I'm just gonna be a cosmetologist, you know, in 10 years. So, I guess I spoke it into, you know, into being, but the more I stayed in the doing the hair space the more I loved it, I loved the immediate gratification. I realized that very early it wasn't just about

styling hair it was also about feeding the soul, about listening to your client's life, they tell us, the stylist everything you know. So, you're there and you're, you're this person, you're this major person in this other person's life without even being a family member, you know, so that that was always very a sacred space for me. So, once I was in that space, I realized how much I loved it. So actually, I don't like calling myself a hair stylist or yes I use the word cosmetologist, but I I think of myself as a nurturer, as a hair care person, because I have a lot of colleagues who are amazing stylists they can style some hair that was just like, have you wow, you know, I mean, and I don't think I'm a great stylist, but I think I'm a great hair care professional, I'm a great nurturer, that's, that's, that's where, you know, I'm solid.

TAMARRA JAMES-TODD

I that is so powerful and I kind of want to take it back, now that now that you said that it really makes me think about my childhood experiences of going to the salon and you know you spend you know a good chunk of your Saturday there—but what's really happening in that space and for those listeners who may not be familiar with the, you know, the space of being in a Black hair salon, it is indeed a space of nurturing.

SUSAN PETERKIN

Yes, it is, it is—you learn so much from the women there, I can remember the first person that I went to the salon. I mean, it was a little bit traumatic for me, but the lady was a really nice lady, the cosmetologist, and this was like we're talking about 9-10 years old in Jamaica, getting my hair pressed for the first time and walking home, getting that pressing comb feeling that heat on my head was something that I did not like, but I sat and I took it and walking home in that sun, beating down on your head that you just and that smell, Tamarra, I never got over that smell, never got over.

TAMARRA JAMES-TODD

I know what you're talking about, I know that smell.

SUSAN PETERKIN

I never got over that smell to the point when I had my salon, and someone came in who wanted to go back to their natural hair and they had a press and as soon as we turned the water on and the water hits the hair and that smells, everyone in the salon will look around because we're not used to having that smell in the salon because your natural hair salon used to smelling the herbs and the oils, you know, I mean that smell is always, always there. So that was one of my first indication knowing that, OK, natural hair, you know this this straight hair stuff is not for me—plus my hair sticking straight down on my head wasn't, to me, wasn't cute. I love my hair standing up, you know, so very early on I learned exactly what I like, but definitely being in the salon as a young lady, listening to conversations and learning it's life you learn everything in the salon, you learn how to take care of your hair, you learn how to take care of your skin, and you learn how to talk to boys, you know, cause you see women, older women with a little attitude and stuff like that, you know, see as a young girl you learn all these things in the salon. And once I opened my salon, I made sure that it was a safe place for everyone, especially young girls.

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TAMARRA JAMES-TODD

I love that, you make mention of salons as safe spaces and being able to create a safe place for people to learn, learn more about themselves, learn more about their hair, learn how...

SUSAN PETERKIN

Yes, yes.

TAMARRA JAMES-TODD

To you know communicate and operate in a, the world that is complicated and oftentimes, will tell people of color that whether you know explicitly or, you know implicitly, that they aren't enough. Their hair is not enough, it is not beautiful, but you know, so you go there, and you're transformed, you know, and in that transformation process, albeit it's all with your own, you know, hair, you know, whatever in that process, it allows you to become more confident and feel more free as you defined as a part of beauty before, so I really appreciate, you know, what you're saying about like, what is the relationship of salons, particularly in the Black community. Can you talk or tell us a little bit about some of the conditions, some of the hair related conditions that you've seen and or have helped people manage?

SUSAN PETERKIN

It was about hair care for me, it wasn't about styling, you know, I knew I wanted to go more deeper, you know, into the hair care, you know. And it was just it wasn't just superficial. It wasn't about a style that you take out, you know, in a couple of weeks, you know, it's maintaining hair so, you can pretty much have your options of hair styling, so at that point I wasn't really aware of you know, traction alopecia and all that kind of stuff.

LISSAH JOHNSON

Just to note about this, traction alopecia is hair loss caused by tightly pulled hair styles that damage hair follicles. It's generally reversible if dealt with early, but it can become permanent if the stress on the scalp and hair follicles isn't relieved. For more information on hair related conditions, especially those that impact Black folks, be sure to check out episode five of the podcast with dermatologist, Dr. Chesahna Kindred.

SUSAN PETERKIN

Now all that, all of that came about, I would say, about 10-15 years in, I'm in a salon, I have a full salon, I have 6-7 young ladies working for me and so I had more time to kind of ease back and kind of look at things overall and I'll say if we did 100 clients, 200 clients for the week, about 50%, especially my clients because your clients usually reflect you. So, I'm getting older as a stylist and I'm starting to suffer from hair loss and mine I thought was just my thyroid issue didn't realize that I had hereditary hair loss at that time. I started to notice like a lot of my clients having hair loss and it was just too much and I'm like what's going on I'm like, I need to learn more about this. So, I started, you know, investigating, you know, the hair loss would come in different ways, they would have, you know, at their temple it would go up in like that V area right in your temples or in the center they would be itching and burning and I was having that sensation too, and the discoloration of their scalp. And then you have other women

who were there, they were just thinning know they they've been coming to me for years and all of a sudden their hair is thinning and we're talking about women who came, who would come every two to three weeks, once a month and no one else did their hair and all of a sudden I started like, what is this something I'm doing? What is going on? So, I started to put everything together and that's when I actually started—I'm doing some research, research herbs and oils because I'm a natural hair stylist even though I'm a cosmetologist I prefer to use natural herbs and oil, and that's when I started researching my oils. I made my first product the stimulating drops oil and it helped, it helped for a while to soothe, especially the ones who had the itching and burning. I created this herbal rinse, you know and start and started using it. And you know people are saying they've seen a difference and stuff like that. But I just use it inside the salon, you know, but then there came a time when I realized that I have to learn more, didn't know that it was a dermatologist who took care of hair loss. So, at the time I was working with Shea Moisture and met with Dr. Yolanda Lenzy and that's when I kind of, you know find out OK, this is these are the doctors, the dermatologist who specialize in hair loss, and because I'm in Maryland, she connected Dr. Kindred and I and we just hit it off right away. She became my dermatologist, who took care of my hair loss issue, my skin issues. So, when she told me that she was getting ready to open her practice, I just reach out to her one day and I'm like, hey, we need to work together and she's like, absolutely. We had no kind of blueprint or anything, and then we just ended up opening the first full service natural hair salon in a dermatology practice which have been duplicated a few times since. I think we both have the same connection when it comes to taking care of our clients because I always tell my colleagues and other clients who haven't been to her as a patient yet that's like no other dermatology I I know, and of course, people gonna argue with me, no other dermatologist I know go harder for their clients, for their patients, for hair loss than her. Like she's in emotionally, you know, medically, she's just totally in. She really cares what happens, you know? I mean, so that's what kind of sets her apart from the rest, and I'm so glad to be associated with her because that's how I feel, you know, my clients and their hair care comes first, it's not about hair styling, you know, it's if it was a hair styling, you know, I would be off doing something else, doing more shows, doing platform work and all that kind of stuff but that was never my interest—always taking care of my client's immediate needs was always first with me.

TAMARRA JAMES-TODD

And you mentioned like the, you know, actually trying to make your own products. And I I'm assuming you know based on what you just mentioned around like you know, kind of seeing that your client we're coming in with different conditions you know from, you know, and maybe conditions that they themselves didn't know even who to seek out.

SUSAN PETERKIN

Yeah, yeah.

TAMARRA JAMES-TODD

So here you are as a cosmetologist also kind of trying to figure out how to, you know, treat them as if they, you know it and develop products and all of that so that they can be you know that they're not just their you know hair could be styled a certain way but so that they could have, you know, good health, you know, and as a...

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SUSAN PETERKIN

Yeah, yeah.

TAMARRA JAMES-TODD

...part of that is, you know, hair that is, you know, able to, you know, not be you know like—the traction on the patients causing hair loss and other things so is that part of the inspiration for the JAHA hair care?

SUSAN PETERKIN

Yeah, it it, it was, it was the initial inspiration I mean that's why I started making JAHA naturals. It was because of the hair loss that my clients were having and I I wanted something and as I said, I didn't know of any products back then that dealt with hair loss. I didn't know who to go to at the time, I didn't know that hair loss was a disease, you know what I mean? So, I just tried to do something myself and being a natural hairstylist, I started to do my research and I created the first two products. I created the stimulating oil and the herbal rinse which I still use to this day, you know what I mean? And so that's where it all started from. So, it, it wasn't like, OK, I'm gonna create this products so that you know we can style hair. I'm I'm not interested in hair styling products cause we have a whole bunch of great hair styling products. I'm interested in hair care, scalp care products.

TAMARRA JAMES-TODD

Can you say a bit more about that because I learned so much from you about the scalp microbiome. So, I know that we've got to break that down—what exactly is a microbiome and what does that have anything to do with our health, let alone the health of our hair?

SUSAN PETERKIN

Yeah, so so you know, as Black women, the products that are marketed to us are heavy products heavy products, and we were told that we have to slather all these creamy stuff on our hair to break it down so it can be soft, right, not realizing that our texture is our texture for a reason. You know it because it feels dry doesn't mean it's dry. You know what I mean? Dry is, dry hair is not a feeling, it's more of a concept of where your curls sit and your heredity. You know, so these are things that we have to kind of breakdown because we feel our hair like oh, it's dry, I'm like, no, it's not dry because we're comparing our hair to another type of hair. Right, so so we can't we have to, we have to start learning our hair even as stylist because as a cosmetologist we weren't taught about our hair and whenever I say this now, it absolutely blows my mind to know that you went through one year of school and you were taught to style another hair texture and not your hair. I mean it's—but when you think it almost like it's like a pain in my heart, you know, I mean, but you have to, you have to travel that road and I intentionally had to seek out and even when they gave us an option to learn about our hair back then they were calling it super curly hair. That was after the name of the chapter in the cosmetology book, it's called super curly hair and what they taught us to do with super curly hair was to straighten it, press it and relax it. They they never taught us how to take care of it, as in in its natural term. So, this is the reason why when in the early the late 90s, early 2000 went natural hair things just exploded. Most cosmetologists were at a loss, and the client consumer had to go to YouTube and the blog to learn, right, which was a great thing, but eventually it became a bad thing because they realized that they didn't really know and they were

just kind of experimenting along the way that if at some point we had gotten together and we could have figured it figured it out much better. But you know it brought a lot of awareness. And also it made a lot of us as cosmetologists realize that, oh, wait a minute we need to dial it back. We need to go learn properly but going back to the microbiome of the scalp, because we use so much heavy duty products and we've been taught that we need to oil our scalp and all that kind of stuff, we create this area of bacteria on our scalp so you have to start teaching your clients, so you know a client is like well, I have dry scalp, so, I just put some oil on it. No, you don't have dry scalp. You have seborrheic dermatitis, which is like overactive oil glands, oil sits there, it dries into these thick flakes. So you're, you're putting more oil on it, you know, of course you put oil on it, it's gonna melt itself. So it's gonna look as if, but in a couple of hours, you're gonna go back to having heavy flakes. So now telling Black women that they need to shampoo their hair once a week for hydration, for their scalp to be healthy, it's like, what, we have to do, what you know, I mean, so there's a lot that we still need to learn a lot. A lot that we still need to unpack.

TAMARRA JAMES-TODD

That's that's so powerful because, to your point to what you're saying and what I'm hearing is that these these rhythms, these patterns, these, you know, the things, the traditions that we've learned to. You know, oil your scalp or put a bunch of product on your hair is actually harming.

SUSAN PETERKIN

It's harming us and we have to remember that our scalp is skin. So, would you go not showering for three weeks? What's going to happen to your skin?

TAMARRA JAMES-TODD

Not we would not do that.

SUSAN PETERKIN

What's going to happen to your face? You're exactly, it's the same concept that, you know the skin and or a scalp is just is just an extension from our skin in our face. So, we need to treat it the same. We need to take care of it, you know, we need to make sure it stays clean. And you know we're not going to shampoo it every day, but at least once a week, every two weeks, if you have a style where, where you get, you know, some cornrows or something, you know, even if you don't shampoo it every week, take a warm washcloth and just, you know, wipe your scalp out to get some of that additional oil off your scalp. So it's just not sitting there, so there should be some kind of cleansing process that happens routinely. You know what I mean?

TAMARRA JAMES-TODD

And I, you know, I'm thinking about from the perspective of you know what we've been talking about on on this particular podcast like these, some of these products contain harmful ingredients.

SUSAN PETERKIN

Ohh wow.

TAMARRA JAMES-TODD

And so, people putting that on, they're layering it on so and you just said the scalp is skin, it's absorbed through the skin and we just keep layering it on layering it on not washing it because that's what we've been taught that that dries out our hair. So, like we can't do that or you know the this the whole straightening thing like again all sorts of different chemicals that people put on add heat and you got a whole other set of things too happening. And so, I think that's really it's powerful to hear that, that's actually you need to debunk that and a part of that has been, you know, the industry that you said this is not something that you learned. This was not taught in cosmetology school it's so, I guess my next question is, you know when you're thinking about like you know, you have people who are trained, who have been trained to focus on one hair type. And they may go to conventions, you know, that's that the place, space where people continue education, right. So, I'm thinking about even maybe the Natural Hair Industry Convention—is that a place or space where these conversations are changing and what are the goals and what kind of inspired or started that convention?

SUSAN PETERKIN

So it's basically setting the standard in the industry because there's no industry standard in the natural hair industry, right? And then we realized that we have to educate ourselves, right, and then we have to make sure, you know, we for future setting the foundation for future students so that we build the industry up so they have a solid foundation, just like the cosmetology industry, they have a solid foundation to build on and build on, right? So this is what happened. So you know, as a cosmetologist, I went to the big hair shows, Premiere, are all those shows and you know at the floor you would see everybody's hair being done right. And when you did see Afro textured hair being done, it was always straightening it. It was never dealing with it in its own, you know where it stands, where your curl sits, right? And by that time, I was dealing with natural hair I was twisting it, I was braiding it, I was cutting it and when I didn't see us being representing it, I would ask a question. It was just kind of pushed aside, so a colleague of mine decided that, hey, we need to create our own space, our own safe space for our stylists, cause a lot of the stylists in the natural hair industry depending on where they live, there's no licensing and they didn't want to go to cosmetology school to learn to straighten hair if that's not what they're doing. But they want to learn hair care, right? So that's what we created the natural hair industry. We can come together, one, network, we can educate each other and then we can build that solid foundation. So that's the premise that the natural hair industry convention was built on and we are getting ready to go into our 8th year this October—we're going to have our first face to face since 2019, since the pandemic we went online for two years and so this October 7th, 8th and 9th, we're gonna have our first back to face to face and I'm excited about that.

TAMARRA JAMES-TODD

So that leads me to my one of my last questions, you know we're talking about, you know, transformations and changes that are happening within the beauty industry that I think are positively helping our ability to achieve justice in this space. So how do you see the field of cosmetology transforming, and what would you say to the next generation of cosmetologists who might be interested in caring for and treating Black hair, hair of people of color, people that have curlier hair, straight hair, it is a definitely a you know the beauty standard. What would you say to the next generation of, you know, hair care professionals and nurturers?

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SUSAN PETERKIN

What I would say to the next generation is constant education, keep an open mind. It's more than hair styling it's more about hair care, work with your dermatologist, work with your colleague if you don't do a certain type of your style, it's OK to refer, you don't have to do everything you know, it's more about nurturing the client than creating a style for them, you'll find that you have client longevity retention if you are very honest with your client, don't be scared to be honest. You know be true to yourself, you know, so that's what I would say to the next generation and just keep on learning and seeking out if you don't see it, then create it.

TAMARRA JAMES-TODD

That's right and it sounds like you—that's what you've done.

SUSAN PETERKIN

That's what I've been doing, every step of the way.

TAMARRA JAMES-TODD

Right, Like I mean, it's like to your point at the beginning like this you weren't taught this. I mean that's that's a part of the structural injustices and in the beauty industry, like, it's not even really in the textbooks how do we manage, you know, Afro hair cause I think real justice is also realizing that it's not up to only us to do all the hard work. That's an injustice in and of itself that we have to put in extra time, but I think that's where, you know, change happens not just with.

SUSAN PETERKIN

Exactly. Exactly.

TAMARRA JAMES-TODD

You know individuals that are, you know, experiencing on the experiencing end of the injustice, but also with the with those people who have indeed been privileged by things.

SUSAN PETERKIN

Exactly. Exactly.

TAMARRA JAMES-TODD

As we wrap up, we heard that you're retiring after 40 years behind the chair and

SUSAN PETERKIN

Only behind the chair, only behind the chair.

TAMARRA JAMES-TODD

I I you know what's next for you and are there any other thoughts or comments you wanted to share with us today as we close out?

SUSAN PETERKIN

Well, yeah. I'm retiring from behind the chair because there's so much more for me to do behind the chair. I need to make sure the education has a solid foundation. I need to, there's a, there's a little rift in the industry as far as how stylists deal with hair loss. I don't agree with a lot of what some stylists are doing. I think they're overstepping their bounds in the medical field and I truly believe that it's causing clients to lose more hair or it's taken away from the time because time equals follicles and the time they spend with someone who doesn't truly understand, or who thinks they understand, is the time taken away where they can have seen the professional true and the true professional about hair loss. So, stylists, we take care of the wellness aspect and the dermatologist take care of the medical aspect and that's when we work together and the combination is just like amazing. It's just like it's a win, right? So one of the things that I've been working on, I have this educational tool called Check Your Center Part what I'm trying to teach to my colleagues and even to the consumer is how to detect hair loss very early because we as stylists, we see the hair loss before the even the clients see the hair loss because sometimes, even by the time the clients notice the hair loss, it's a little bit too late. And then by the time they get over, you know, feeling ashamed or to go to the dermatologist, it's way too late. So, if we can instill that that confidence into our client and say hey I see a little bit of hair loss, I need you to make an appointment. If you do it right now, we can definitely slow it down, you know, cause certain hair loss, you know you, you can't, you know you can't reverse it, but you can definitely slow it down. You can take care of it so you can have your hair for a longer time, you know, stuff like that. So that's where we as stylists come in and that's where that's the space I'm trying to create by creating this educational tool called Check Your Center part.

TAMARRA JAMES-TODD

I love that I love that you are you know retiring but not retiring because education is one of the most powerful tools that we have and also just something that you've shared with me before and and it you know, I think it's also powerful as we as we wrap up you know while hair and is so intertwined with beauty in the in the Black community as you said at the beginning—beauty is really freedom and confidence. So for even those, you know, individuals who are losing their hair have lost their hair they're still beautiful and it's important and powerful for people to know that and that you are, like you said, you're on the frontline educating, creating, developing and really inspiring the current generation and the next generation around this. So, I thank you so much, Susan for your time.

SUSAN PETERKIN

Thank you. Thank you.

TAMARRA JAMES-TODD

You're amazing and I'm gonna leave it at that, was there anything that I that you didn't get to say, that you wanted to say?

SUSAN PETERKIN

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No, just thank you for creating this space, thank you for, you know, having all these conversations, it needs to be had and you know this stuff like this is going to be out there for everyone to listen to. So, I'm, I'm glad to be a part of this. Thank you.

TAMARRA JAMES-TODD

Thank you. Thank you so much.

LISSAH JOHNSON

As we collectively begin to question and push back against exclusionary and discriminatory beauty norms, it's becoming clear that some of the rituals and traditions that we have around how we care for our hair, particularly as Black people, is not always helpful or healthy as Susan and Tamarra have talked about. That's why more education and resources for hair professionals is so necessary, particularly education around caring for diverse hair textures, the ones that are not generally covered in traditional cosmetology courses. Susan also highlighted the value of hair care professionals and dermatologists working together to meet clients needs. Hair health begins with scalp health and a lack of education on conditions that predominantly affect Black folks and folks of color in both fields means that far too often, these same folks are not getting the help and the care that they need and deserve. As we redefine beauty not by Eurocentric standards but rooted in freedom and liberation, we can begin to recognize and affirm that it has always been within us, all of us.

Thanks so much for joining us for another episode of Beauty + Justice. Please join us next time as we chat with Dr. Ami Zota about some of her research and the exciting collaborations and efforts in the beauty justice and environmental justice space. Don't forget to share the podcast with a friend and leave a rating and review wherever you listen to the podcast. Be well listeners and talk to you soon.

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